NORTHERN WINTER

CAR EMERGENCY KIT CHECKLIST

Print and check items as you pack. Adapt this list to your vehicle, route and local conditions.

STAY WARM

- ☐ Warm blanket or cold-rated sleeping bag
- ☐ Extra coat, hat, mittens and warm socks
- ☐ Insulated boots or spare footwear
- ☐ Hand warmers
- ☐ Waterproof bag to keep spare clothes dry

LIGHT & COMMUNICATION

- ☐ Flashlight or headlamp, plus spare batteries
- ☐ Charged phone and vehicle charging cable
- ☐ Charged backup power bank
- ☐ Emergency contacts and paper road map

FOOD, WATER & FIRST AID

- ☐ Nonperishable snacks (rotate regularly)
- ☐ Drinking water, kept inside the car with you
- ☐ First-aid kit and personal medications
- ☐ Tissues, wipes and hygiene supplies

SNOW & VEHICLE RECOVERY

- ☐ Snow brush and windshield ice scraper
- ☐ Compact, sturdy shovel
- ☐ Traction boards, sand or non-clumping cat litter
- ☐ Jumper cables or charged jump starter
- ☐ Basic tool kit and work gloves
- ☐ Tire pressure gauge
- ☐ Winter-rated washer fluid

BE SEEN & STAY SAFE

- ☐ Reflective warning triangles or markers
- ☐ Reflective vest or brightly colored cloth
- ☐ Whistle
- ☐ Road flares, where appropriate
- ☐ Notepad and pen

ALSO GOOD TO HAVE

- ☐ Tow strap (if you know how to use one safely)
- ☐ Duct tape
- ☐ Paper towels
- ☐ Trash bags

BEFORE A LONGER WINTER DRIVE

- ☐ Check weather, road conditions, fuel and tires
- ☐ Charge your phone
- ☐ Tell someone your route and expected arrival
- ☐ Make sure your kit is actually in the vehicle
- ☐ Check batteries and rotate food, water and supplies
- ☐ If officials advise staying off the roads, reconsider the trip

WINTER SAFETY REMINDERS

If stranded, call for help and share your location when possible, and follow local emergency responders' guidance. A blocked exhaust pipe can let dangerous carbon monoxide into the vehicle: keep the tailpipe clear of snow, keep checking it, and never run the engine if it can't be kept clear. Do not use fuel-burning heaters inside the vehicle. In extreme cold, keep the gas tank well above empty, and keep backup batteries charged and check them regularly.

Kit last checked: _____ Next check: _____

Preparedness note: General information only, not professional emergency guidance. Conditions vary. Follow local authorities and emergency responders. In an emergency, call 911 when available.